



Athletics Program 2015 – 2016

Dear Scholars and Parents,

Welcome to the 2015-2016 Sport season! Sport can be a fulfilling, challenging, and educational experience. The purpose of our Athletic program is to promote love and knowledge of sports, a competitive environment, and a chance for students to be actively engaged in a team sport. As you and your child consider being involved with Sports it is VERY IMPORTANT that you become familiar with the expectations and physical demands of our Athletic program. We consider our players to be *student-athletes* and we expect them to be leaders at our school. They must follow all school rules, work hard in their classes and show respect toward teachers and other students. If at any time a teacher or staff member reports that an athlete is not meeting their academic responsibilities or responsibilities of being a leader, consequences will be given. Also, please note that if any player is doing below average work in any of their academic subjects, they will be withheld from practice and games until they are caught up with their schoolwork.

Please read over all the attached information before signing the attached Parent Permission Slip.

Please make sure that your child returns the attached forms by **September 25, 2015**

Student-athlete Code of Conduct

All players must...

1. Be present, on time and must attend for the entire practices, games, and meetings. Players must be aware that missing practices or games will be taken very seriously. Four missed games cause for termination from the team. Missing practices will decrease your playing time dramatically. No excuses!!!
2. Have proper basketball attire: Shorts or sweatpants, t-shirts, white socks, and gym/basketball shoes. Students may wear their gym uniform for practices.
3. Build a good working relationship with all members of the team, and with other St. Angela students.
4. Keep uniforms clean and in good repair. All players will receive a jersey and shorts. At the end of the season, please return all uniforms in good condition, which means, please wash your child's uniform before returning. Any player who does not return their uniform will have a \$50 athletic fee added to their tuition.
5. Maintain a neat appearance at all times. NO jewelry at practice or games. (The sport season is not a good time to get your ears pierced. You will NOT be allowed to practice or play in earrings, even if they have tape over them.) Fingernails should be kept short and neat (for the safety of the players and those who play on the court with them).
6. Never display improper conduct (i.e. obscene language, poor sportsmanship, or other conduct that the coaches and teachers determine to be inappropriate).
7. Be aware that players will only be issued team jerseys and shorts and *not* any outerwear. They should ALWAYS leave practices and games in pants and a coat or jacket. It is important that basketball players remain in good health. This will help them to do so.
8. Abide by all school rules and policies.
9. Put forth their best effort in all academic areas at all times. They must remember that academics are a priority before sports. To participate in games, our student-athletes must maintain a minimum of a 2.0 GPA.

Parent's Code of Conduct

1. **Remember that practices are for our players only, and closed to the public.**
2. **SUPPORT YOUR CHILD!** By giving encouragement and showing interest in their team, you help your student work toward skill improvement. Teach your student that hard work and an honest effort are often more important than victory – that way your child will always be a winner regardless of the outcome of the game!
3. **ALWAYS BE POSITIVE!** Like coaches, parents serve as role models for their children. Become aware of this and work to be a positive role model. Applaud good plays by your student's team as well as good plays by the opposing team. If at any time parents behavior becomes negative and a poor reflection on St. Angela School, the administration may prohibit them from attending future games.
4. **REMEMBER: YOUR STUDENT WANTS TO HAVE FUN!** Remember that your student is playing, not you. It's very important to let students establish their own goals – to play the game for themselves. Take care not to impose your own standards and goals on them. Don't put too heavy a burden on your student to win games. Our students play for the fun of playing.
5. **REINFORCE POSITIVE BEHAVIOR!** Positive reinforcement is the best way to help your child achieve their goals and their natural fear of failure. Nobody likes mistakes. If your student makes one, remember, it's all part of learning, so encourage your child's efforts and point out the good things your child accomplished.
6. **DON'T BE A SIDELINE COACH OR REFEREE!** Coaches and referees are usually parents just like you. They volunteer their time to help make your student's experience a positive one. They need your support too. That means refraining from coaching or refereeing from the sidelines. Never question or dispute a call made by a referee. Further, use only language that is positive.
7. **Make sure that they have transportation to and from games and practices. Please make arrangements accordingly!**
8. **Sit back and enjoy your student's experience!**

Parent/Guardian Signature

Sports information page

This year we will be offering sport such as Basketball, Volleyball, cheerleading squad and soccer. Tentative sports are track and field, flag football.

Basketball:

Grade: 4th through 8th Boys and Girls

FEE: \$100.00

Location of games: 4th through 6th Boys and Girls entire season will be host

@St John Vianney **27 N. Lavergne Northlake, IL 60164**

Season run from Fall to Spring

7th through 8th grade Boys and Girls game are **TBA**. We will be playing at various schools in The Classic League Tournament

Start month is early –mid October

Season run from Fall to Spring

Volleyball:

Grade: 4th through 8th Boys and Girls

FEE: \$50.00

Location of games: @St John Vianney **27 N. Lavergne Northlake, IL 60164**

Start month:

Season run from Fall to Spring

Soccer:

Grade: K through 8th Boys and Girls

FEE: \$50.00

Location of games: St Procopius elementary soccer field **1625 S. Allport St.**

Season Starts for 5th through 8th grade begins in Fall

Season Starts for K through 4th grade begins in Spring

Cheerleading:

Grade: 5th through 8th Boys and Girls

Fee: \$25.00

Location of games: TBA

Start time: TBA

St. Angela Athletics Permission Slip 2015 – 2016

I have read and understand all the information in the Basketball Expectations, Code of Conduct, and Player Guidelines. I understand that in order to participate I must follow the guidelines and attend all practices and games.

Student Signature

Date

My child _____ has permission to join the St. Angela Athletics team. I have read the Parent Code of Conduct and have discussed with my child the expectations of joining the St. Angela athletics team.

Parent/Guardian Signature

Date

End of Practice Permission Slip

At the end of practice, my child will ...

| | |
|--------------------------|--|
| <input type="checkbox"/> | Be picked up by _____ Relationship to child _____ |
| <input type="checkbox"/> | Is allowed to walk home |
| <input type="checkbox"/> | Other: Please Explain _____ _____ _____ |

Player Information Form & Medical Release Form

| | |
|---------------------------------------|--|
| Student Name & Grade | |
| Birthday | |
| Address | |
| Home Phone | |
| Mother/Guardian's Name | |
| Mother/Guardian's Work or Cell Number | |
| Mother/Guardian's Email | |
| Father/Guardian's Name | |
| Father/Guardian's Work or Cell Number | |
| Father's/Guardian's Email | |



In case of emergency contact:

1) Name: _____
 Relationship: _____
 Daytime phone: _____ Evening phone: _____

2) Name: _____
 Relationship: _____
 Daytime phone: _____ Evening phone: _____

Name and phone number of primary treating physician:

Allergies (including medications child/youth can NOT take) / Special Health Concerns:

Authorization to Obtain Urgent or Emergency Medical Care

As the parent(s) or custodial adult(s) of _____ (child/youth's name), I/we give permission for St. Angela Catholic School, its agents, staff, and volunteers to obtain urgent or emergency medical care for my/our child, and I/we authorize health care providers to render such care as may be necessary. It is understood that reasonable efforts will be made to contact me/us prior to obtaining such care, but I/we authorize such care whether I/we are contacted or not, and I/we agree to be financially responsible for such care.

Parent/Custodial Adult

Parent/Custodial Adult

Medical Insurance Company:

Policy/Group Number:

Participant I.D. Number:

Medical Insurance Phone Number:

Permission to Participate; Release, Waiver of Liability, and Indemnity Agreement

I/we give permission for _____ (name of child/youth) to participate in the activities of St. Angela School, both on the school premises and elsewhere. In consideration of the opportunity of my/our child/youth to participate in the activities of St. Angela School, I/we release, indemnify, and save harmless St. Angela School, its officers, agents, employees, staff, and volunteers from any and all liability of any kind whatsoever for any loss or injury to my/our child/youth arising from my/our child/youth's participation in the activities of St. Angela School; and I/we agree to release, indemnify and hold forever harmless St. Angela School, its officers, agents, employees, staff, and volunteers from any and all liability of any kind whatsoever for loss or injury to my/our child/youth arising from activities on or off the premises of St. Angela School or resulting from the activities of the St. Angela Sports Team, including loss or injury resulting from negligence or gross negligence.

I/we understand and agree that this permission and agreement shall remain in effect until revoked in writing by me/us, and I/we understand and agree that it is my/our responsibility to update our child/youth's medical and insurance information as changes occur.

Parent/Custodial Adult

Parent/Custodial Adult